



CMW Medication Administration

Camp Merrie-Woode has specific guidelines for how medications are handled. To improve the efficiency and accuracy of administering medication, we require all of your child's prescription(s) and over-the-counter medications, to be dispensed according to our guidelines.

The nurses regularly dispense medications four times a day: breakfast, lunch, dinner, and prior to bedtime. When your camper is on a camp trip, her medication will be dispensed by the trip leader. Unit-dose packaging helps the staff with efficient and accurate dispensing of medications.

All tablet and capsule medications are to be filled by CMW's local pharmacist or the camper's local pharmacist in **unit-dose (blister pack) containers** according to the time medication is taken. The prescription label must be included on the package. This includes prescription and over-the-counter medications taken on a daily basis.

Inhalers, monthly hormonal therapy, creams, ointments, epi-pens, and liquids should be in their original **pharmacy** packaging. **Be sure that all medications are clearly labeled with the correct name, date, instructions, prescribing physician's name and phone number on the package.**

Medications taken on an "as-needed" basis do not require special packaging but must be in the original packaging with a label. Common medications such as pain relievers, antihistamines, wound ointments/creams, and antacids are stocked in our CMW infirmary. You do not need to bring such medications to camp. Please contact a director should you have any questions or concerns.

To meet camp's medication administration guidelines, you have two options:

Option 1 (PREFERRED): Use Camp's Pharmacy

You may have your physician fax or e-cribe your daughter's prescription(s) for medications and over-the-counter medications taken on a daily basis, to our local pharmacy:

Cashiers Valley Pharmacy, Cashiers, NC 28717 (Ingles Plaza)

Mailing Address: Post Office Box 246, Cashiers, NC 28717

Fax: 828.743.9214 or E-cribe: 828.743.9995 (Member of: Good Neighbor Pharmacy Network)

Phone: 828.743.3114 / letsonrx@outlook.com

Cashiers Valley Pharmacy personnel will fill the prescription(s) in unit-dose (blister pack) packaging and have it delivered to camp prior to opening day. In addition to the cost of medication, there is a \$10 per prescription charge for this service. Please be sure to complete the prescription ordering process by May 1st. You may use your insurance card and credit card with the pharmacy or the pharmacy will send an invoice to camp and the cost will be added to your daughter's stock shop account. Remember to tell your physician that the quantity needed is as follows:

(June session – 21 day supply; Main Session – 35 day supply (Note: 2 Rx 30 day and 5 day – depending on the state); August Session – 11 day supply)

Option 2: Use your local pharmacy

Ask your local pharmacist to package a supply of any prescription and over-the-counter tablet and capsule medications taken on a daily basis, in unit-dose (blister pack) containers. If your pharmacist does not have unit-dose packaging available please refer to Option 1. Please research Option 2 early, in case your local

pharmacy doesn't offer single dose blister packaging. Remember to tell your physician that the quantity needed is as follows:

(June session – 21 day supply; Main Session – 35 day supply; August Session – 11 day supply)

